

APPENDIX

Affectionate Communication Index

We would like you to think about how you express love or affection to this person. That is, how do you let this person know that you love him or her? To what extent would you say that you do each of the following things *as a way to express affection to him or her*? Indicate your response by writing the appropriate number on the line preceding each item, according to the scale below.

1	2	3	4	5	6	7
Never or Almost Never Do This					Always or Almost Always Do This	
<u>3</u>		Help him or her with problems		<u>2</u>		Hold his or her hand
<u>1</u>		Say "I love you"		<u>3</u>		Share private information
<u>2</u>		Kiss on lips		<u>1</u>		Say "I care about you"
<u>3</u>		Acknowledge his or her birthday		<u>2</u>		Kiss on cheek
<u>1</u>		Say how important he or she is to you		<u>3</u>		Give him or her compliments
<u>2</u>		Hug him or her		<u>1</u>		Say he or she is a good friend
<u>3</u>		Praise his or her accomplishments		<u>2</u>		Put your arm around him or her
<u>2</u>		Wink at him or her		<u>2</u>		Sit close to him or her
<u>1</u>		Say he or she is one of your best friends		<u>2</u>		Give him or her a massage or backrub

1 = Verbal

2 = Direct nonverbal

3 = Indirect nonverbal (socially supportive)