

Trait Affection Scale – Given (TAS-G)

Reverse-score items marked with asterisk, and then aggregate all items to produce a single score.

1. I consider myself to be a very affectionate person.
2. I am always telling my loved ones how much I care about them.
3. When I feel affection for someone, I usually express it.
4. I have a hard time telling people that I love them or care about them.*
5. I'm not very good at expressing affection.*
6. I'm not a very affectionate person.*
7. I love giving people hugs or putting my arms around them.
8. I don't tend to express affection to other people very much.*
9. Anyone who knows me well would say I'm pretty affectionate.
10. Expressing affection to other people makes me uncomfortable.*

Trait Affection Scale – Received (TAS-R)

Reverse-score items marked with asterisk, and then aggregate all items to produce a single score.

1. People hug me quite a bit.
2. People are always telling me that they like me, love me, or care about me.
3. I don't get very much affection from other people.*
4. I get quite a bit of affection from others.
5. Many people I know are quite affectionate with me.
6. Most of the people I know don't express affection to me very often.*

Original publication of both scales:

Floyd, K. (2001). Human affection exchange: V. Attributes of the highly affectionate. *Communication Quarterly*, 50, 135-152. doi: 10.1080/01463370209385653